



## PRINCIPAL MESSAGE



### Principal QIMS

Prof Dr. Zafar Hussain Tanveer

Quetta Institute of Medical Sciences (QIMS) stands in the frontline of 'A+' grade colleges of Pakistan as accredited by Pakistan Medical & Dental Council. We have progressed by leaps and bounds since our inception in 2011. Keeping our commitment to excellence in teaching, we have the best of faculty and infrastructure to guide the students in all their academic endeavors and co-curricular activities.

As Principal, I am proud to lead our institutional commitment to improve the health care of people through excellence in medical education and research. We are fully committed to provide the best medical education and health care of the highest standards through this institution. With warm regards and best wishes.

## QIMS 5<sup>TH</sup> CONVOCATION 2023

Quetta Institute of Medical Sciences held its 5th Convocation (7th Batch) on October 28, 2023 at Bilal Auditorium, Quetta Cantt. The Chief Guest of the occasion was Lt Gen (Retd) Waseem Alamgir HI (M), Vice Chancellor National University of Medical Sciences (NUMS) accompanied by Guest of Honor Maj Gen Kashif Abdullah, GOC 41 Div. The proceeding of convocation started after recitation of Holy Quran followed by National Anthem. After conferment of Degrees and Gold Medals to the graduates, the Chief Guest Lt Gen (Retd) Waseem Alamgir HI (M), Vice Chancellor National University of Medical Sciences (NUMS) in his address said that Quetta Institute of Medical Sciences was established by Pakistan Army in 2011 with a view to provide medical education to aspiring youth of Balochistan in an environment where they can excel in their attributes, education, and personality. The ever increasing number of candidates who aspire to join QIMS has shown the unflinching faith that general public has in the capacities and capabilities of faculty / students of this institute. He emphasized on students to be resilient, determined, and must know how to adapt to the ever-changing situation. He further added that NUMS and Quetta Institute of Medical Sciences (QIMS) will be with you at every step of the way. Until then, celebrate your success, be grateful for the support you've had from your parents, family and teachers, and stay connected. Principal QIMS Prof. Dr. Zafar Hussain Tanveer presented QIMS Annual Report of 2022-23 to Chief Guest and other audience and said that over the past year, QIMS has made remarkable progress in the field of medical education and is constantly increasing its reputation both at national and international levels. QIMS provides students with high quality, market relevant and skill based medical education, enabling them to become responsible citizens and simultaneously productive members in the field of medical profession. Our students have demonstrated their capabilities and brilliance by securing house jobs and training in highly reputed hospitals of the country. One of our batch appeared in national licensing exam (NLE) conducted by PMC and achieved 97% result in first attempt. Besides this a significant number of QIMS graduates have cleared FCPS Part-I, USMLE step-1 and PLAB exams and are undergoing post graduate training in Pakistan and abroad. The convocation was declared closed by the Chief Guest which marked the end of the ceremony. Later on, lavish tea break was served to Chief Guest, Guest of Honor, Students, and their parents.







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## VISIT OF COMMANDER HEADQUARTER 12 CORPS

Commander Headquarters 12 Corps, Lt Gen Asif Ghafoor, HI (M) visited QIMS on 27 Oct 2023. Principal Prof. Dr. Zafar Hussain Tanveer, Commandant, / Vice Principal Brigadier Zain Niaz Naqvi SI (M), Head of Departments QIMS Faculty and Senior Admin Staff received the honorable guest in-front of admin block. After faculty meet with Heads of Departments, tree plantation & group photo, Commander was briefed in detail upon the structure, academic activities, functioning of college and on-going projects by Vice Principal / Commandant QIMS Brig Zain Niaz Naqvi, SI (M) at QIMS conference room. After briefing, Commander had a walk round of the college area conducted by the Principal, Commandant and Director Admin & Security. He visited central library, basic, pre-clinical, and other departments of basic medical sciences and appreciated overall standard of QIMS. In the end, Commander interacted with the students of different MBBS batches and enlightened them with the purpose and mission of becoming a doctor with empathy and professional par excellence apart from serving the nation. He added that Balochistan is the heart of Pakistan and we have to play our role towards the progress of our country. Youth is always an asset for any nation and the responsibility now lies upon the institution. QIMS is the nation builder. QIMS should perform its duties very sincerely as a noble profession. He was seen off thereafter by the Principal and Commandants QIMS at the end of college visit.







## VISIT - COMMANDANT ARMED FORCES POST GRADUATE MEDICAL INSTITUTION (AFPGMI) RAWALPINDI, MAJOR GENERAL MUHAMMAD FAYYAZ MALIK ALONG WITH MSC (HEALTHCARE ADMINISTRATION) COURSE 43 OFFICERS

Commandant Armed Forces Post Graduate Medical Institution (AFPGMI) Rawalpindi Major General Muhammad Fayyaz Malik visited Quetta Institute of Medical Sciences on 24 November 2023. He was accompanied by 33 officers of MSc (Health Administration) course Serial 43. Acting Principal Professor Dr. Masoom Kasi and Commandant QIMS Brigadier Zain Niaz Naqvi SI (M) received the guests / student officers in front of admin block. Officers were briefed in detail upon the academic activities and functioning of college by Director Admin and Security Col Muhammad Naeem (Retd) at QIMS Conference Room. The Commandant AFPGMI said that the changing needs and expectations of the patients in the 21st century continue to influence the emerging medical practice. Hence, a standard in medical education through dynamic and innovative programs is required. Quetta Institute of Medical Sciences caters to that very need by preparing professionals who are updated on global trends in medical and health services. Along with a unique architectural structure that can provide for an excellent academic environment, QIMS is also one of the best in the province when it comes to excellence in education and research. After the brief, Major General Muhammad Fayyaz Malik along with 34 officers visited various departments and applauded the efforts of QIMS faculty and admin staff and said that we hope that QIMS will further flourish and will keep striving to create a tolerant, enlightened, progressive, and dynamic society in Pakistan. Major General Muhammad Fayyaz Malik congratulated the academic faculty and admin staff for maintaining excellent environment and quality standards. Later, QIMS arranged an extravagant dinner in honor of visiting officers of Msc (Health Administration) with the faculty and admin staff of QIMS and CMH. Amidst lively conversations and the clinking of glasses, the evening unfolded into a harmonious blend of gastronomic delight and sophisticated camaraderie, leaving an indelible mark on all who attended. In the end, souvenirs were exchanged as a token of remembrance.







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## STUDENTS VISIT – CADET COLLEGE MASTUNG

*“Man cannot discover new oceans unless he has the courage to lose sight of the shore.” – Andre Gide*

Students Delegation from Cadet College Mastung visited Quetta Institute of Medical Sciences on 16th Nov 2023. Delegation comprising of 29 x cadets from FSc 2nd year (Pre Medical) along with 5 x officers reached QIMS at 1130 hours who were warmly welcomed by Director Admin and Security Col Muhammad Naeem (Retd), and Assistant Director College Affairs Irfan Dawood.

Director Admin and Security gave briefing to the delegation regarding functioning aspects of the institute and elaborated that college brochures only give you a fraction of needed information. During briefing Director A&S highlighted that the first-hand information and the campus tour will give them a much better idea about the functioning of medical college and will provide opportunity to make well informed decisions.

While interacting with cadets, Principal, QIMS Prof Dr Zafar Hussain Tanveer said that Quetta Institute of Medical Sciences is capturing every opportunity to improve the quality of students' learning experience as this institute aims to create an atmosphere where each student achieve excellence to the best of his/her potential.

Later, cadets visited various departments and were briefed about working of various departments. They were also served with lunch and souvenirs were exchanged in the end.



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## STUDENTS VISIT – BIOCHEMISTRY DEPARTMENT (UNIVERSITY OF BALOCHISTAN)



Delegation from Biochemistry Department University of Balochistan visited Quetta Institute of Medical Sciences on 02 Nov 2023. Delegation comprised of 34 x Bsc Students along with 4 x faculty members. The delegation was received by Director Admin and Security Col (Retd) Muhammad Naeem and Assistant Director College Affairs Irfan Dawood. Director Admin and Security presented QIMS briefing to the delegation regarding establishment of college, different departments and their functioning at the institute. He also highlighted QIMS state of the art skill lab central library and other infrastructures. Pictorial view of QIMS events were displayed to the students. Later, Head of Department Biochemistry Prof Dr Masoom Kasi briefed students about QIMS Biochemistry Department and demonstrated his knowledge and expertise in the field of biochemistry. The presentation received with great enthusiasm by the students. Professor Dr Masoom Kasi appreciated the hard work and dedication of the students and encouraged them. He also urged them to continue their work in the field of Biochemistry with the same zeal. Later, students visited various departments. They were also served with light refreshment and souvenirs were exchanged at the end.







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## FAREWELL DINNER IN HONOR OF BRIG AAMIR BIN TAHIR (RETD) EX COMDT QIMS

*“Goodbyes are only for those who love with their eyes. Because for those who love with heart and soul there is no such thing as separation.” (Rumi)*

In an emotionally surcharged atmosphere inside the QIMS, the Faculty and Admin Staff of the QIMS College bid farewell to Ex Comdt QIMS Brig Aamir Bin Tahir. The day was mellow but the air rich as an emotional farewell dinner was organized on 30 September 2023 on behalf of QIMS College to honor the Vice Principal / Commandant Brig Aamir Bin Tahir for his memorable stay at QIMS. The dinner was attended by Comdt Cardiac Center Brig Omer Iftikhar Kahloon, Comdt CMH Brig Aamer Reza Tippu, Director Education Brig Syed Fazal Abbas Kazmi, DMS Log 12 Corps Brig Umair Ali, Principal QIMS Prof. Dr. Zafar H. Tanveer, incoming Comdt Brig Zain Niaz Naqvi, SI (M) along with senior, and junior faculty members and admin staff of QIMS and CMH. The programme commenced with the address by the Principal QIMS. Addressing the farewell event, Principal QIMS Prof. Dr. Zafar Hussain Tanveer said that during his tenure, Brig Aamir Bin Tahir has epitomized unwavering dedication, unparalleled leadership, and an unyielding commitment to our collective growth and success. He guided us through challenges, fostering an environment of excellence, camaraderie, and innovation. His steadfast vision has propelled us forward, steering us toward greater heights and accomplishments. Brig Aamir Bin Tahir while addressing the QIMS Staff and Guests said that I am overwhelmed with emotions that words can scarcely capture. My tenure as the Commandant of this illustrious medical college has been nothing short of a privilege and honor. He also added that as I bid adieu to this chapter of my life, I want to express my profound gratitude to the institution itself. This medical college has been my home, a place where dreams took flight, knowledge flourished, and bonds were forged. It has been an honor to serve as the Commandant of an institution that stands as a beacon of medical education and innovation. The QIMS fraternity thanked him for his graciousness and wished him a blissful journey ahead with plentiful accomplishments and unparalleled success. Later, Brigadier Aamir Bin Tahir was presented with Honorary Shield and Gifts which marked the end of farewell.



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## VISIT TO SUN SET POINT FOR HIKING

Outdoor activities provide recreation to the mind and body. Adventure club QIMS planned hiking activity at Sun Set point Quetta on 08 September 2023. The activity was planned and overall admin support was provided by Admin and Security branch headed by Col ® Muhammad Naeem. QIMS adventure club arranged hiking to the peak of "Sleeping Beauty". The students reached the summit in 2.5 hours covering a distance of 13 kilometers. Through this exhilarating experience, our students not only hiked the trails but also carved memories that will undoubtedly last a lifetime. Principal QIMS Prof. Dr. Zafar H. Tanveer along with Snr & Jnr Faculty members also joined students for hiking. Principal appreciated the activity and said that the hiking expedition not only provide a break from the routine but also promote physical fitness and mental well-being. He extended gratitude to Director Admin & Security and his dedicated staff for making this enriching experience possible.

Snacks were provided before and after the hike up followed by a lavish dinner for students and faculty at QIMS.



## CHRISTMAS CELEBRATIONS AT QIMS



The Christmas celebration at the QIMS is a joyous affair, uniting faculty, and staff in a spirit of warmth and camaraderie. Like every year, Quetta Institute of Medical Sciences celebrated Christmas festival with ardor and zeal. The Christmas celebrations took place at the Quetta Institute of Medical Sciences Multipurpose Hall on 21 December 2023. The hall was adorned with colorful decorations, twinkling lights, and festive ornaments, creating an enchanting atmosphere. A special prayers was organized on the eve of Christmas, keeping in mind its sanctity and relevance. Cake cutting ceremony was held followed by Tea Break for Christian's brothers / sisters along with entire staff QIMS. The esteemed Principal QIMS Prof. Dr. Zafar H. Tanveer graced the gathering with a heartfelt address emphasizing the essence of empathy and service ingrained in the medical profession. He emphasized on significance of unity and kindness, urging everyone to embody these virtues not only during the Christmas but throughout their careers as future healthcare professionals and administrative staff. QIMS is thankful to all the Christian Staff for their continued, untiring hardworking support to the QIMS. Christmas Bonus was also distributed among Christian staff which ended the celebrations.





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## STUDY TRIP TO KAGHAN, NARRAN & KASHMIR VALLEY

Under supervision of Brig Aamir Bin Tahir, QIMS recently embarked on an incredible study tour with two batches of students, totalling around 150, including Faculty member by air. The journey took students to AMC College, where QIMS students had the opportunity to explore their impressive skill lab and library.

The warm welcome from Brig Akbar Hussain Ex Comdt QIMS at AFPGMI made the visit even more memorable, students & Faculty staff enjoyed a delightful lunch together.

The adventure continued as students split into two groups. One group of 75 students ventured towards the breathtaking beauty of Kaghan Narran Valley, while the other 75 students explored the wonders of Kashmir. The students in Kaghan Narran Valley indulged in thrilling activities such as boating, hiking, and zip-lining. Meanwhile, the students in Kashmir immersed themselves in the rich culture and picturesque landscapes of the region.

These experiences have left an indelible mark. The study tour provided a unique opportunity for our students to expand their knowledge, explore new environments, and create lasting memories.

This Institute would like to extend our heartfelt gratitude to Prof. Muhammad Luqman Butt, Dr. Summyah Niazi, Lt Col Marghoob Khan, Maj Asad Ullah Changezi, Maj. Asim Minallah, Mr. Ahmed Wali, Mr. Muhammad Umer Durrani & Mr. Irfan Dawood for their invaluable guidance and support throughout the tour. Their dedication and commitment have truly made this journey a success.



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